

For children with immune thrombocytopenia (ITP)\*

# HAVE YOU GOT THE PLATELETS?

STEP UP YOUR GAME WITH NPLATE®



\*Children 1 year of age and older with ITP for at least 6 months.

**APPROVED USES:** Nplate® is a prescription medicine used to treat low blood platelet counts (thrombocytopenia) in:

- adults with immune thrombocytopenia (ITP) when certain medicines or surgery to remove your spleen have not worked well enough.
- children 1 year of age and older with ITP for at least 6 months when certain medicines or surgery to remove your spleen have not worked well enough.

Nplate® is not for use in people with a precancerous condition called myelodysplastic syndrome (MDS), or low platelet count caused by any condition other than immune thrombocytopenia (ITP). Nplate® is only used if your low platelet count and medical condition increase your risk of bleeding. Nplate® is used to try to keep your platelet count about 50,000 per microliter in order to lower the risk for bleeding. Nplate® is not used to make your platelet count normal. It is not known if Nplate® works or if it is safe in people under the age of 1.

**Please see Important Safety Information on pages 18-19.**

 **Nplate®**  
romiplostim injection  
125 mcg | 250 mcg | 500 mcg vial

# FACING ITP TOGETHER

When a child is diagnosed with immune thrombocytopenia (ITP), parents do everything they can to manage this rare disease. Your child may have tried other treatments, like steroids, and experienced mixed results. If you or your child has felt disappointed with treatments so far, you may be looking for more stability.

Once-weekly Nplate® (romiplostim) has been proven to boost and sustain platelet counts to lower the risk of bleeding, so there may be one less thing to keep your child from doing what they love.

## LEARN ABOUT THE ONCE-WEEKLY TREATMENT OPTION

- Why managing platelets is important
- How Nplate® may help
- What to expect with Nplate® treatment
- How Nplate® is given

## IMPORTANT SAFETY INFORMATION

Nplate® can cause serious side effects: Worsening of a precancerous blood condition to a blood cancer (leukemia) in patients with myelodysplastic syndromes (MDS); higher risk for blood clots.

**Please see additional Important Safety Information on pages 18-19.**

**This brochure offers information about ITP and Nplate®. It is not intended to provide medical advice. Be sure to talk to the doctor if you have any questions.**

## JUST FOR KIDS!

We wrote some messages with you in mind. Keep a lookout for boxes like these. Can you find them all?







# WHAT IS ITP?

ITP is an autoimmune disease that attacks the body's platelets, so there aren't enough platelets in the blood. Platelets help clot blood, which helps to stop bleeding. When a platelet count is low, bruising and bleeding may occur. Doctors don't know why some people get ITP, and it's not preventable.

A normal platelet count is between 150,000 and 450,000 platelets per microliter. ITP is usually diagnosed when platelet levels drop below 100,000 per microliter.

## IT'S OK TO FEEL CONFUSED

You might not have heard of ITP until recently and may be confused about what's going on in your body. Don't be shy—your healthcare team is there to help you and answer your questions.



# MANAGING ITP IS A TEAM EFFORT

When your child is diagnosed with ITP, the doctor may recommend a “watch and wait” approach. This means carefully monitoring ITP to see if it goes away on its own, and may include limiting some activities that could cause injuries.

Treatment with immunoglobulins or steroids is another possible first step after ITP diagnosis. Because of their side effects, steroids are generally not meant to be taken for a long time.

After that, your doctor may prescribe a platelet booster, a treatment proven to increase platelet counts to reduce the risk of bleeding and bruising.

**You'll work with your doctor to set a goal for your child's platelet counts.**

## DON'T HOLD BACK

*What do you want from an ITP treatment? Tell your parents and doctor. Having all the details will help them figure out the best way to take on your ITP as a team.*



# WHAT IS NPLATE®, AND HOW DOES IT WORK?



Nplate® works by increasing the activity of the cells that naturally produce platelets.

Normally, the body uses a protein called thrombopoietin, or TPO, to tell its bone marrow cells to make platelets. Nplate® mimics this protein, so cells make more platelets.

Nplate® has been proven to boost and sustain platelets at a stable level at or above 50,000 per microliter. Your doctor will prescribe Nplate® for as long as you need it.

When choosing a treatment for your child, experience matters. Over the past 15+ years, Nplate® has been used by over 500,000 patients globally.

## GAME ON

*Nplate® works by increasing your platelet counts to lower the risk of bleeding, so there may be one less thing to keep you from doing what you love.*



## IMPORTANT SAFETY INFORMATION

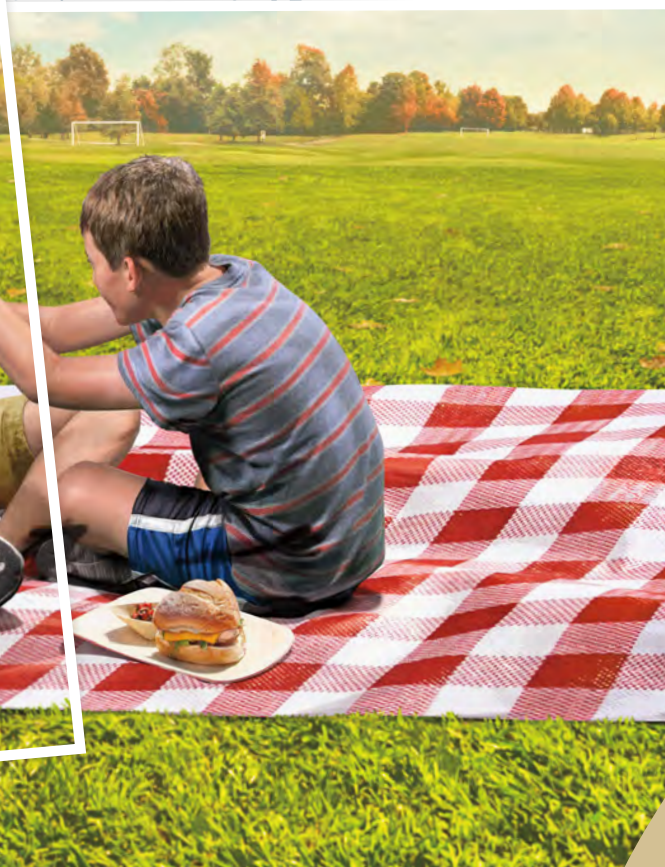
Nplate® can cause serious side effects: Worsening of a precancerous blood condition to a blood cancer (leukemia) in patients with MDS; higher risk for blood clots.

**Please see additional Important Safety Information on pages 18-19.**











# HOW DOES NPLATE® HELP?



The effectiveness and safety of Nplate® in children with ITP have been studied in several medical studies.

The studies looked at:

→ How pediatric patients responded to Nplate® compared with a placebo

→ The long-term safety profile of Nplate® in pediatric patients

**7 out of 10 patients were able to raise their platelet counts to 50,000 platelets per microliter or higher.**

Remember that raising platelets at or above 50,000 per microliter helps reduce the risk of bleeding.

Reaching this milestone may be important to protect your child. Nplate® may help them get there.

Talk to the doctor about treatment goals and what's important to you and your child. **See page 14 for some tips.**

## IS THIS RIGHT FOR ME?

*How do you know if an ITP  
medicine works for kids?  
Medical studies can tell  
you, and Nplate® was  
studied in several of them.*



## IMPORTANT SAFETY INFORMATION

Nplate® can cause serious side effects: Worsening of a precancerous blood condition to a blood cancer (leukemia) in patients with MDS; higher risk for blood clots.

**Please see additional Important Safety Information on pages 18-19.**

# WHAT ARE THE POSSIBLE SIDE EFFECTS OF NPLATE®?



Nplate® may cause serious side effects. See “What is the most important information patients should know about Nplate®?” (pages 18-19).

## THE MOST COMMON SIDE EFFECTS OF NPLATE® IN CHILDREN 1 YEAR OF AGE AND OLDER INCLUDE:

- bruising
- upper respiratory tract infection
- pain in mouth and throat  
(oropharyngeal pain)
- headache

## WHAT'S GOING ON?

Keeping track of your platelet counts can help your parents and doctor. Check out the dose and platelet tracker on [Nplate.com/Support](https://Nplate.com/Support) to get started.



Partner with the doctor to help your family understand the possible side effects of Nplate®. **Your child can help too.** Talk about what to look out for together.





# HOW IS NPLATE® GIVEN?



Nplate® is given once a week as an injection under the skin by a member of your healthcare team. These weekly visits can help with staying on track to raise and sustain platelet levels.

## PERSONALIZED TREATMENT

Doctors can increase or decrease the amount of Nplate® given to find the right dose to keep platelet levels stable.

## TRACKING PROGRESS

Platelet counts will be regularly measured to make sure your child is responding to treatment.

## PARTNER WITH YOUR HEALTHCARE TEAM

During weekly visits, keep your healthcare team updated about any changes.

## WHAT'S IN YOUR BAG?

*What can you pack for doctor visits? Stuff to do! Time flies when you have books, games, or music with you.*



If your child misses a scheduled dose of Nplate®, make sure to schedule the next dose as soon as possible.

**Talk to the doctor** about how being consistent with treatment can help lessen your child's bleeding risk.

## IMPORTANT SAFETY INFORMATION

Nplate® can cause serious side effects: Worsening of a precancerous blood condition to a blood cancer (leukemia) in patients with MDS; higher risk for blood clots.

**Please see additional Important Safety Information on pages 18-19.**

# WHAT TO EXPECT WHEN TAKING NPLATE®

ITP takes time and effort to manage, but Nplate® can help.

- Nplate® is given once a week, so your child doesn't have to remember to take it every day
- Treatment with Nplate® doesn't involve any dietary restrictions, so your child doesn't have to avoid favorite foods or schedule meals around a pill
- Nplate® has no known drug interactions
- Nplate® may be an appropriate option for anyone who has trouble swallowing pills

Tracking your child's progress while on treatment is important. If your child is old enough, ask him or her to pay attention to any changes in symptoms.

Looking to learn more about ITP or connect with a community? Visit Support and Resources on [Nplate.com/Support](https://www.nplate.com/support) to find a list of helpful groups.

## IMPORTANT SAFETY INFORMATION

Nplate® can cause serious side effects: Worsening of a precancerous blood condition to a blood cancer (leukemia) in patients with MDS; higher risk for blood clots.

**Please see additional Important Safety Information on pages 18-19.**



# PARTNERING WITH YOUR HEALTHCARE TEAM

With a disease like ITP, it's important to work with your healthcare team. Remember, your healthcare team is more than just your doctor. Nurses, social workers, and child life specialists are there for you too. Here are some tips that can help.

## STAY ORGANIZED

Make the most of doctor appointments by bringing your child's recent blood work results, a record of the latest Nplate<sup>®</sup> dose, and any questions you may have.

## ENCOURAGE COMMUNICATION

Encourage your child to speak up about any symptoms and talk about how the treatment is working.

## BE DETAILED

Be specific about how your child's symptoms affect everyday life. Describe when a symptom occurred, how it felt, and how long it lasted.

## GET SPECIFIC!

Let your doctor know how ITP makes  
it challenging to live your life.  
For example, say "I missed class  
because of my nosebleed" instead of  
"My nosebleeds are annoying."



Our **Nplate<sup>®</sup> Dose and Platelet Tracker** can help. Visit Support and Resources on [Nplate.com/Support](https://www.nplate.com/Support) to download a copy.



# QUESTIONS TO CONSIDER

As you and your child prepare for doctor appointments, you may want to write down your questions.

## FOR EXAMPLE:

- Based on my child's ITP history, what are our treatment options?
- Have these treatments been studied in children?
- Are these treatments meant to be used as long as needed?
- Do these treatments require any medication restrictions or changes in diet?
- How many times a week are these treatments given?
- Are there any particular side effects we should look out for?
- What activities can my child do while on this treatment?



# SUPPORT SERVICES



If your child has been prescribed Nplate®, you might have questions about his or her medicine, how it may be covered by insurance, or resources within your community. That's why we created **Amgen® SupportPlus - personalized patient support designed for you.**

## AMGEN® Support<sup>+</sup>

### We're right here, right when you need us

With financial support resources and other helpful patient support services, we are here to help you along the way.



### Amgen® Nurse Partners

Amgen Nurse Partners can offer support to help you on your treatment journey, including:

- Guidance on resources that may help lower out-of-pocket medication costs
- Assistance to help you stay on track with your medication
- Answers to your questions about Amgen SupportPlus

Get connected with an Amgen Nurse Partner by enrolling in Amgen SupportPlus:

- Download and complete the Amgen SupportPlus Enrollment Form found on [AmgenSupportPlus.com](https://AmgenSupportPlus.com) and fax to 866-218-4777
- Call 866-264-2778 to enroll by phone

\*Amgen Nurse Partners are only available to patients that are prescribed certain Amgen products. They are not part of your treatment team and do not provide medical advice, nursing, or case management services. Amgen Nurse Partners will not inject patients with Amgen medications. Patients should always consult their healthcare provider regarding medical decisions or treatment concerns.





## Amgen® SupportPlus Co-Pay Program

The Amgen SupportPlus Co-Pay Program may help patients with commercial or private insurance lower their out-of-pocket cost.

- Pay as little as \$0\* out-of-pocket for each dose
- Can be applied to deductible, co-insurance, and co-payment\*
- No income eligibility requirement

Check your eligibility and sign up today at

[www.AmgenSupportPlus.com](http://www.AmgenSupportPlus.com)



\*Eligibility criteria and program maximums apply. See AmgenSupportPlus.com/copay for full Terms and Conditions.

### What if I don't have private or commercial insurance (eg, self-purchased or through an employer)?

Amgen SupportPlus can provide information about independent nonprofit foundations that may be able to help.<sup>†</sup>

<sup>†</sup>Eligibility for resources provided by independent nonprofit patient assistance programs is based on the nonprofit's criteria. Amgen has no control over these programs and provides information as a courtesy only.

Call Amgen SupportPlus at **866-264-2778**  
Monday - Friday 9:00 am – 8:00 pm ET to learn more.

### Did you know?

74% of Nplate® claims have \$0 out-of-pocket costs for the patient.<sup>‡</sup>

<sup>‡</sup>Analysis from 2022 to 2023 for Commercial and Medicare patient claims combined. Data based on IQVIA LAADclaims data.





# IMPORTANT SAFETY INFORMATION

## What is the most important information I should know about Nplate<sup>®</sup>?

Nplate<sup>®</sup> can cause serious side effects, including:

- **Worsening of a precancerous blood condition to a blood cancer (leukemia):** Nplate<sup>®</sup> is not for use in people with a precancerous condition called myelodysplastic syndromes (MDS), or for any condition other than immune thrombocytopenia (ITP). If you have MDS and receive Nplate<sup>®</sup>, your MDS condition may worsen and become an acute leukemia. If MDS worsens to become acute leukemia you may die sooner from the acute leukemia.
- **Higher risk for blood clots:**
  - You may have a higher risk of getting a blood clot if your platelet count becomes high during treatment with Nplate<sup>®</sup>. You may have severe complications or die from some forms of blood clots, such as clots that spread to the legs (Deep Vein Thrombosis), lungs (Pulmonary Embolism) or that cause heart attacks or strokes.
  - You may get blood clots in the veins of your liver (Portal Vein Thrombosis) with or without chronic liver disease that may affect your liver function.
- **What are the possible side effects of Nplate<sup>®</sup>?**
  - Nplate<sup>®</sup> may cause serious side effects. See “What is the most important information I should know about Nplate<sup>®</sup>?”
  - The most common side effects of Nplate<sup>®</sup> in adults include:

- headache	- shoulder pain	- upper respiratory tract infection
- joint pain	- indigestion	- cough
- dizziness	- tingling or numbness in hands and feet	- nausea
- trouble sleeping	- bronchitis	- pain in mouth and throat (oropharyngeal pain)
- muscle tenderness or weakness	- inflammation of the sinuses (sinusitis)	
- pain in arms and legs	- vomiting	
- stomach (abdomen) pain	- diarrhea	
  - The most common side effects of Nplate<sup>®</sup> in children 1 year of age and older include:

- bruising	- pain in mouth and throat (oropharyngeal pain)
- upper respiratory tract infection	- headache

# IMPORTANT SAFETY INFORMATION (CONT'D)



- People who take Nplate® may have an increased risk of developing new or worsening changes in the bone marrow called “increased reticulin.” These changes may improve if you stop taking Nplate®. Your healthcare provider may need to check your bone marrow for this problem during treatment with Nplate®.
- **These are not all the possible side effects of Nplate®.** Tell your healthcare provider if you have any side effect that bothers you or that does not go away. For more information, ask your healthcare provider or pharmacist.
- If you have any questions about this information, be sure to discuss with your doctor. You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch) or call 1-800-FDA-1088.

## How will I receive Nplate®?

Nplate® is given as an injection under the skin (subcutaneous ) one time each week by your healthcare provider. Your healthcare provider will check your platelet count every week and change your dose of Nplate® as needed. This will continue until your healthcare provider decides that your dose of Nplate® can stay the same. After that, you will need to get blood tests every month. When you stop receiving Nplate®, you will need blood tests for at least 2 weeks to check if your platelet count drops too low.

## APPROVED USES

Nplate® is a prescription medicine used to treat low blood platelet counts (thrombocytopenia) in:

- adults with immune thrombocytopenia (ITP) when certain medicines or surgery to remove your spleen have not worked well enough.
- children 1 year of age and older with ITP for at least 6 months when certain medicines or surgery to remove your spleen have not worked well enough.

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Please see [Prescribing Information and Medication Guide](#) for more information about Nplate® on [Nplate.com](http://Nplate.com).

# LEARN MORE ABOUT NPLATE®, THE ONCE-WEEKLY ITP TREATMENT



## VISIT [NPLATE.COM](https://www.nplate.com)

- Watch a video to find out more about how Nplate® works
- Download our Nplate® Dose and Platelet Tracker to keep organized
- If your child has been prescribed Nplate®, visit [AmgenSupportPlus.com](https://www.AmgenSupportPlus.com) to learn how Amgen can help you access Nplate®

**Please see Important Safety Information on pages 18-19.**



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